

Growing Resilient Communities – 9th Annual Gathering of Collaboratives and Tribal Nations Addressing ACEs

June 23rd, 2026

Cultivating Solidarity and Connection

Welcome Session



Hosted by FamilyWise Services, funding for this event is provided by Minnesota Department of Human Services and Blue Cross and Blue Shield of Minnesota

Thank you to our funders and partners

Funders



Partners



Ann Boerth
and
Chris Matter



MINNESOTA FAMILY WELLBEING INDEX

2026
EDITION



ected representatives and speaking with
e you can advocate independently, there
with to join in collective advocacy efforts.

federal government.
and scripts to call your legislators.
inprofits toolkit for meeting with your

ongress to advocate for specific policies:

and get involved with their work: [Nonprofit](#)

impacted by federal cuts: [HandsOn Twin](#)



et the reporting requirements could lose benefits after
unding for legal non-citizens, making 9,000 refugees and
P benefits.

were to
federal funding
e than 140,000
s to healthcare
assistance,
care and life-
he SNAP cuts,
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people
s care for legal

90,000 Minnesotans

getting care through
MNsure will pay around

\$177 more per month

Source: MNsure.org, 2025

, the nearly 90,000 Minnesotans currently getting care
tplace, MNsure, will pay around \$177 more per month
nd the enhanced tax credits.⁸ These cuts are already being
enrollment statistics shows an 8% decline in enrollment and
itched plans, many opting for cheaper plans potentially

t of Housing and Urban Development issued a funding
(CoC) Program, which supports funding for homelessness
ding permanent housing solutions and related services.
of funding that can be used for permanent housing
o the previous 87%. While the funding notice was blocked
s provision could cause over 3,900 Minnesotans to lose
Minnesota's permanent beds (long-term leasing or
y the CoC.^{7,8} There remains a lot of uncertainty, as risks of
ng cut and capped remain depending on the results of

Family Wellbeing Index 2026

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"Why Do We Gather?"



ART OF
GATHERING
by Priya Parker

"Gathering matters because it is through each other that we figure out what we believe."

- Priya Parker

Please share in the chat:

Why are you gathering with us today?



Group Agreements

- Care for and respect each other's unique experience
- Speak your own truth
- Be as present as possible
- Take your own risk; find your growing edge
- Lean into this conversation
- Take care of yourself; the best intervention is our own regulated nervous system





Acknowledgements

- We cannot separate the history of our communities across Minnesota – and in the United States – from our history of colonialism and slavery, and other forms of injustice.
- For every trauma history, there is also a history of resilience, hope, and love.
- We are here today because we share a vision of nurturing healthy beginnings for children.
- It will take **all of us** to create this future together.



Established in the Fall of 2015 in White Earth and Fond du Lac, since expanded to include the Lower Sioux Community, Leech Lake, Mille Lacs, Bois Forte, Grand Portage

Designed to build awareness and understanding around root causes of the contemporary issues our tribal communities face

Aiming to break cycles, strengthen our families and brighten the future for our children and future generations

Amplifying community voice and wisdom to create solutions to address our current day traumas and hardships

Celebrating our strength and resilience -- and sharing our wisdom with all

"THROUGH ALL THE CONVERSATIONS, INTERVIEWS AND MEETINGS [ACROSS INDIAN COUNTRY] IT BECAME CLEAR THAT A LOT OF PEOPLE ARE INTERESTED IN NOT JUST TALKING ABOUT TRAUMA BUT TAKING ACTION TO ADDRESS IT; TO HEAR AND UNDERSTAND THE NEW RESEARCH; [TO] SEE THAT IT CAN CONFIRM WHAT INDIGENOUS WISDOM ALREADY TEACHES ABOUT THE POWER OF RELATIONSHIPS AND TO REAWAKEN WHAT'S INSIDE US AND REMEMBER OURSELVES BEYOND TRAUMA."

-DAVID COURNOYER



REMEMBERING RESILIENCE
PODCAST



Listen on
Apple Podcasts



Expanding Leadership & Sharing Community Wisdom Through Continued Conversation and Engagement



SCAN ME





Collaboratively Honoring & Healing Communities

More Resilient Minnesota seeks to improve the health and resilience of current and future generations. Resilience includes individuals' inherent strengths and nurtured capacities as well as the resources and supports of their families, communities, and cultures.

Self-Healing Communities

A Transformational Process Model for Improving Intergenerational Health



Self-Healing Communities Model



Collaboratively Honoring & Healing Communities

January 2017 - June 2026

We support Collaboratives' communities with tools to promote self-healing, resiliency, and collaboration to improve the well-being of families for current and future generations in Minnesota

Our Collaborative worked on expanding our presenter network by conducting outreach and recruiting community members to participate in ACE Interface training. We were able to recruit several individuals to participate, and will create a local community of practice that will serve as a space for trainers to coordinate trainings, share challenges, etc.
- Partnership for Children, Youth, & Families of Goodhue County



Our Collaborative facilitated two Community Resilience Conversations. The first engaged Collaborative stakeholders, including school staff, mental health professionals, and county partners, while the second focused on members of the Somali community through the Cultural Outreach and Support Program. These conversations informed culturally responsive, community-driven resilience strategies.
- PACT for Families Collaborative

16

Community Resilience Initiative Micro Grants have been awarded to the following Collaboratives: Anoka, Beltrami, Carlton, Hennepin - Robbinsdale, Itasca, St. Louis North, St. Louis South, Stevens, and Winona.

These funds supported Collaboratives in expanding their tools and online resources, offering more trainings, and broadening community engagement.

74

Counties

75

Active Collaboratives

18,300

Participants reached
at presentations

733

Presentations

When I become a mother, I will use the tools and information in my life. I appreciate having an understanding of the information and being able to use it in the real world.
- Presentation participant

1,691

People have shared
their wisdom through
Community Resilience
Conversations and

100 Cups of Coffee Interviews

Our Collaborative received a Community Resilience Initiative Micro Grant and continued implementation of More Resilient Minnesota through community education, resilience planning, and prevention focused systems work across North St. Louis County. We expanded *Understanding ACEs* and Protective Factor presentations across schools, agencies, and community sectors to increase awareness of Adverse Childhood Experiences (ACEs), neurobiology, resilience, and protective factors.

- Northern St. Louis Family Services Collaborative

More Resilient Minnesota Progress Report

Schedule

Messaging with Your Minnesota Student Survey Data

9:00 a.m. – 2:30 p.m.

9:00 – 9:20 Welcome

9:30 – 10:45 Breakout 1

- *From Culture to Community Response*
- *How Minnesota's Resource Hubs are Meeting Emerging Community Needs*
- *Advocacy and Case Management Skills for Working with Indigenous Survivors of Violence*

15 min Break

11:00 – 12:15 Breakout 2

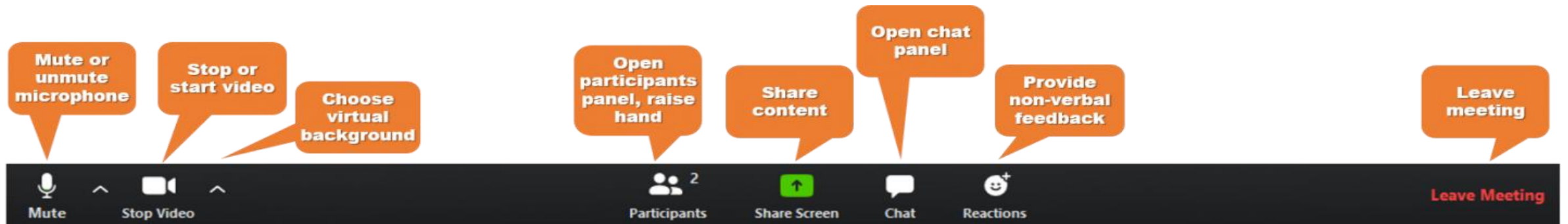
- *We know about ACEs, Now What? The Other Side of the ACEs Pyramid*
- *Holistic Pathways to Family Well-being*
- *Messaging with your Minnesota Student Survey Data*

45 min Break

1 – 2:30 Keynote (1-2:15) & Closing (2:15-2:30)

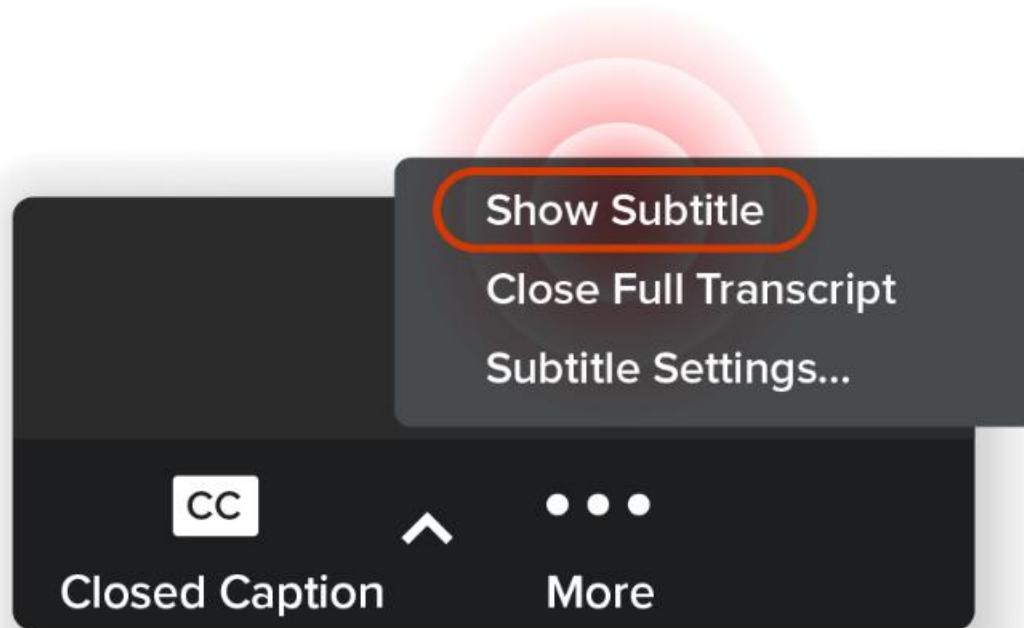
Using Zoom

Click on these buttons to mute/unmute, turn on your video, open the chat, provide non-verbal feedback, and leave the meeting.



Closed Captioning

- In the bottom of the Zoom window, click the “^” up arrow button next to “Closed Caption” and then click on “**Show Subtitle**” to start displaying Rev Live Captions in your Zoom Meeting.





Thank you!

Enjoy our first breakout sessions

9:30 – 10:45 Breakout 1

- *From Culture to Community Response*
- *How Minnesota's Resource Hubs are Meeting Emerging Community Needs*
- *Advocacy and Case Management Skills for Working with Indigenous Survivors of Violence*