

# 2025 Minnesota Circle of Parents Virtual Training

Register [{Here}](#) for all training

## Circle of Parents Orientation

Recording and Materials link:

[{Circle of Parents Orientation}](#)

## Statewide Circle of Parents Networking Opportunities

**9:00-10:30 am**

FamilyWise offers a quarterly statewide networking opportunity to connect with other Circle of Parents contacts, facilitators, and volunteers to enhance your local support groups. Engage in discussions, share best practice ideas, troubleshoot problem areas, training needs and/or opportunities, marketing, referral sources, and resources.

January 14<sup>th</sup> – April 8<sup>th</sup> – July 8<sup>th</sup> – October 14<sup>th</sup>

## Establish a Circle of Parents Children's Group

**9:00 am – 4:00 pm**

An integral part of Circle of Parents, children's groups provide developmentally appropriate skill-building activities that increase children's confidence, self-worth, and social skills. While providing fun and enjoyment. Volunteers provide opportunities for children to enhance their self-esteem, and learn non-violent problem-solving and conflict resolution through developmental cooperation. Children's groups provide an additional incentive for parents to attend Circle of Parents meetings. **Registration is required and Social Work CEUs** are available.

Feb 11<sup>th</sup> – May 13<sup>th</sup> – August 12<sup>th</sup> – Nov 11<sup>th</sup>

## Facilitation Skills – Part 1

You can work through each section at your own pace using our new online training system. Training sections include creating a safe, supportive, and welcoming space for learning; basic skills of facilitating peer-led, mutual self-help Circle of Parents groups; and focus on shared leadership and family support while ensuring the safety of children. Protective factors are supported naturally through co-learning and empowered leadership. This opportunity is perfect for new facilitators and as a refresher course for current facilitators. **Registration is required, and Social Work CEUs** are available. Access Facilitation Skills Part 1 training [{Link}](#) and start today.



## Facilitation Skills – Part 2

**9:00 – 11:00 am**

This is the final step in becoming certified to facilitate a Circle of Parents group. During this in-person session, we will review the strength-based facilitation model, create a safe/supportive group environment, and continue building resiliency. You will also complete/submit the necessary background check paperwork and receive access to the Circle of Parents Facilitation Portal and password. This is a great opportunity to ask questions, practice your skills, and gain confidence before facilitating groups.

**Registration upon completion of Part 1**

March 11<sup>th</sup> – June 10<sup>th</sup> – Sept 9<sup>th</sup> – Dec 9<sup>th</sup>



CIRCLE of PARENTS®  
Sharing Ideas. Sharing Support.



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## About Minnesota Circle of Parents:

The Minnesota Circle of Parents model is a peer-led, mutual self-help, support group program. Group sessions create safe spaces for parents to share parenting experiences, learning opportunities, and resources to build confidence and strengthen family relationships. Parents learn from and support each other through challenges and successes.

Implementing a Circle of Parents support group increases parent partnership and shared leadership throughout the community. Support groups also help create and strengthen prevention initiatives and other local family programs and services.

All groups are offered free to participants, they're confidential, and designed to promote positive parenting.



### Circle of Parents Contact:

[circleofparents@familywiseservices.org](mailto:circleofparents@familywiseservices.org)



### Regional Contacts:

**Lisa Deputie–Metro:** [ldeputie@familywiseservices.org](mailto:ldeputie@familywiseservices.org) 612.877.7810

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