

Growing Resilient Communities – 7th Annual Gathering of Collaboratives and Tribal Nations Addressing ACEs

June 18th, 2024

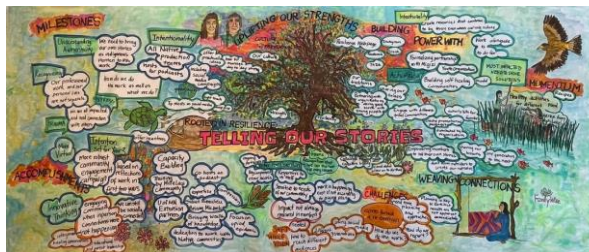
Welcome Session



Hosted by FamilyWise Services in partnership with Blue Cross and Blue Shield Center for Prevention and Minnesota Department of Human Services

Honoring Our Relationships

Health POWER and Tribal NEAR



Collaboratively Honoring & Healing Communities

More Resilient Minnesota seeks to improve the health and resilience of current and future generations. Resilience includes individuals' inherent strengths and nurtured capacities as well as the resources and supports of their families, communities, and cultures.

Self-Healing Communities

A Transformational Process Model for Improving Intergenerational Health



Self-Healing Communities Model

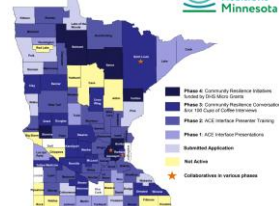
- Phase 1 Understanding ACEs: Building Self-Healing Communities Presentations
- Phase 2 Regional ACE Interface Presenter Trainings
- Phase 3 Community Resilience Conversations and 100 Cups of Coffee Interviews
- Phase 4 Community Resilience Plans and Community Resilience Initiatives

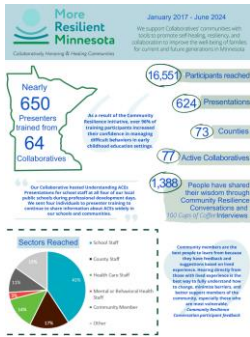


Collaboratively Honoring & Healing Communities

Participating Counties by Phase

Updated June 2024





More Resilient Minnesota Progress Report

Group Agreements

- Care for and respect each other's unique experience
- Speak your own truth
- Be as present as possible
- Take your own risk; find your growing edge
- Lean into this conversation
- Take care of yourself; the best intervention is our own regulated nervous system



Acknowledgements

- Truth and acknowledgment are a critical step if we hope to move towards healing and reconciliation in our communities.
- We acknowledge that we cannot separate the history of our communities across Minnesota – and in the United States – from our history of colonialism and slavery, and other forms of injustice.
- Many of our systems and policies are still perpetuating these inequities and harmful practices.
- For every trauma history, there is also a survival history.
- We are here today because we share a vision of wanting to build towards a healthier future for current and future generations.
- Thank you for joining today – for showing as we keep working together towards this goal.
- All of us can make a personal commitment to disrupting systems of oppression while co-creating an antiracist society.
- Future generations are counting on us to learn from our country's complex history, to reckon with the truth individually and collectively, and to take meaningful action.
- We hope you leave this event knowing that our individual and collective actions really matter.

Schedule

Locally Grown Changemakers 9:00 a.m. – 2:30 p.m.

- 9:00 – 9:30 Welcome
- 9:45 – 10:45 Breakout 1
 - Connecting Indigenous Cultural Practice to Community
 - Empowering Youth Voice: Youth Leading City's Mental Wellness Strategy Development
 - Grounding Our Work in Community Voice: Creative Evaluation and Research Methods
- 15 min Break
- 11:00 – 12:00 Breakout 2
 - Coming Together Around Issues that Matter
 - Community Engagement – the Power of Stories
 - Parent Leadership Matters! Parent Leadership Panel
 - Understanding ACEs Data Through the Minnesota Survey
- 1 hour Break
- 1 – 2:30 Keynote (1:25-1:55) & Closing (2:15-2:30)

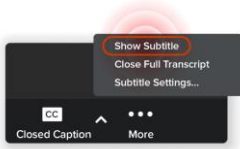
Using Zoom

Click on these buttons to mute/unmute, turn on your video, open the chat, provide non-verbal feedback, and leave the meeting.



Closed Captioning

In the bottom of the Zoom window, click the "CC" up arrow button next to "Closed Caption" and then click on "Show Subtitle" to start displaying Rev Live Captions in your Zoom Meeting.



"Why Do We Gather?"

