

Coming Together Around Issues that Matter

Tuesday, June 18th

11:00 – 12:00 p.m.

Session Description

Coalitions and efforts across the state are addressing major public health issues. Learn how each initiative has acted on the idea that we are stronger when we work together.

Panelists



Reba Mathern-Jacobson
Project Manager of the
Lung Mind Alliance with
the American Lung
Association



Meghann Levitt
Co-chair of the Minnesota
State Suicide Prevention
Taskforce



Jamie Bonczyk
Senior Program Officer
for the 80X3 Initiative at
Greater Twin Cities United
Way



Leo Howard III
Program Manager for the
80X3 Initiative at Greater
Twin Cities United Way

Lung Mind Alliance

*A commercial tobacco-free future for Minnesotans with
mental illness or substance use disorders*

Who We Are

The Lung Mind Alliance is a statewide coalition with the goal of **reducing disparities related to the impact of commercial tobacco* on people with mental illness and/or substance use disorders.**

The Lung Mind Alliance is led by the American Lung Association in Minnesota and includes partners from mental health, substance use treatment, and public health organizations, as well as the Minnesota Department of Health and the Department of Human Services.

Why are we doing this work?

TOBACCO IS THE

#1

CAUSE OF DEATH

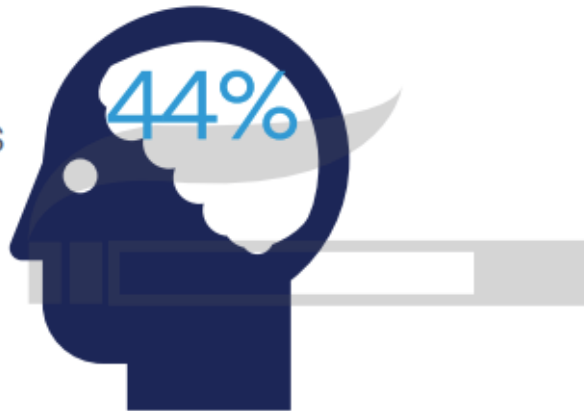
IN PEOPLE WITH MENTAL ILLNESS
OR ADDICTION

75% OF PEOPLE WITH MENTAL ILLNESS
WANT TO QUIT
COMPARED TO **60%** OF THE
GENERAL POPULATION



TOBACCO TREATMENT + ADDICTION
TREATMENT = **25% INCREASED**
LIKELIHOOD OF **LONG-TERM**
ABSTINENCE FROM
ALCOHOL & ILLICIT DRUGS

44% OF THE US
TOBACCO MARKET IS
CONSUMED BY PEOPLE
WITH MENTAL ILLNESS
AND SUBSTANCE
USE DISORDERS



PEOPLE WHO **QUIT** HAVE
IMPROVED MENTAL HEALTH AND
DECREASED DEPRESSION,
ANXIETY, AND STRESS

LOCAL LEVEL MOMENTUM

- Social Norms
- Individual buy-in
- Organizations implement treatment & grounds policies
- TA and Professional education

SYSTEMS LEVEL MOMENTUM

- Health Systems
- State Departments
- Professional Associations

STATE LEVEL CHANGE

All MN mental health and substance use disorder treatment programs provide tobacco treatment & tobacco-free grounds

The Minnesota Suicide Prevention Taskforce

Vision Statement - We envision a Minnesota where everyone works together to reduce suicide experiences - where individuals and communities are connected, supported, and have access to care.

Mission Statement - To empower communities to collaborate and implement comprehensive suicide prevention.

Minnesota's State Suicide Prevention Plan



State Suicide Prevention Plan

2023-2027

02/03/2023

Meghann Levitt

Carlton County Public Health & Human Services

meghann.levitt@carltoncountymn.gov

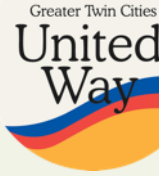
218.878.2846

80x3: Resilient from the Start is a systems change initiative focused on ensuring every child in our state experiences trauma-sensitive care in the critical first three years of life.

80x3

Resilient From the Start

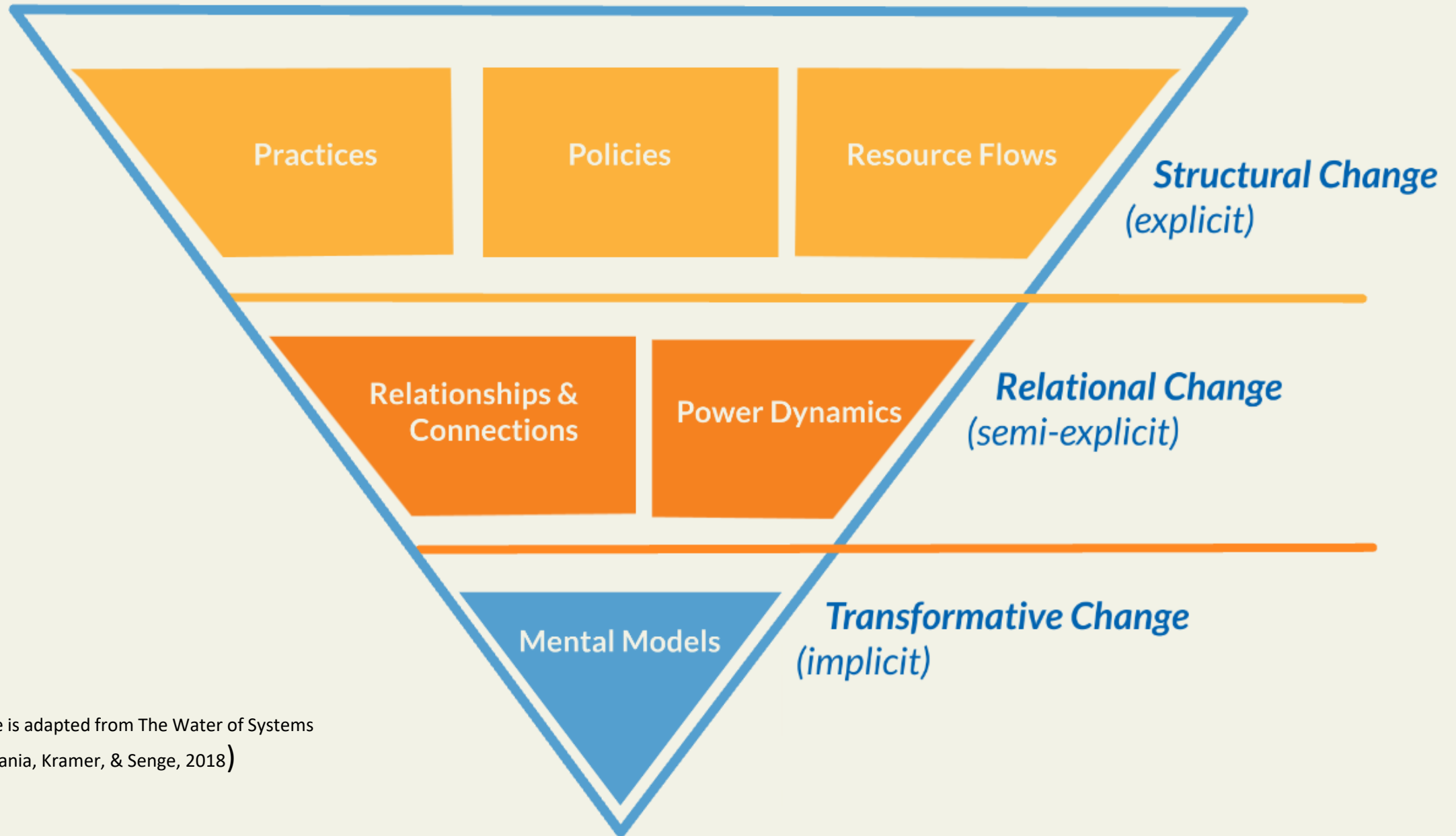
Change-Makers
Unite



UNITE TO FUEL CHANGE



Six Conditions of Systems Change



This image is adapted from *The Water of Systems Change* (Kania, Kramer, & Senge, 2018)