



GROWING RESILIENT COMMUNITIES

7th Annual Gathering of Collaboratives and Tribal Nations Addressing ACEs
Locally Grown Changemakers

Tuesday, June 18th 2024

This event supports tribal community members and partners and Children’s Mental Health and Family Services Collaboratives as they work to reduce ACEs, strengthen core protective systems, and create Self-Healing Communities across Minnesota. This year, we plan to celebrate, highlight, and elevate the stories of changemakers all over the state. Changemakers are individuals, groups, programs, initiatives, or coalitions leading efforts to address problems affecting the health and well-being of their community members. By focusing on changemakers this year, we hope that the speakers will inspire new ideas or actions that conference participants can bring back to their local efforts. Anyone who wants to address the root causes of childhood adversity is encouraged to attend. This can include Collaborative Coordinators and partners, Native/Indigenous Community members and partners, active Minnesota ACE Interface Trainers/Presenters, and other community partners, caregivers, and providers.





SCHEDULE

9:00–9:30	Gathering Welcome	Gathering Welcome
9:45–10:45	Breakout Session 1	<p>Connecting Indigenous Cultural Practices to Community</p> <p>Empowering Youth Voice: Youth Leading City's Mental Wellness Strategy Development</p> <p>Grounding Our Work in Community Voice: Creative Evaluation and Research Methods</p>
11:00–12:00	Breakout Session 2	<p>Coming Together Around Issues that Matter</p> <p>Community Engagement - The Power of Stories</p> <p>Parent Leadership Matters! Parent Leadership Panel</p> <p>Understanding ACEs Data through the Minnesota Student Survey</p>
1:00–2:15	Keynote Speakers	EARTH: Empowering All Relatives to Heal
2:15–2:30	Gathering Closing	Gathering Closing



SESSIONS

9:00 AM – 9:30 AM: GATHERING WELCOME

Join us for the opening session where we will welcome attendees, introduce the vision and themes for this event, share the event acknowledgments and group agreements, provide an overview of More Resilient Minnesota and the Tribal NEAR and Community Wisdom Project, and orient attendees to the upcoming sessions, webpage, and join links for the event.

9:45 AM – 10:45 AM: BREAKOUT SESSION 1

OPTION 1: CONNECTING INDIGENOUS CULTURAL PRACTICES TO COMMUNITY

SARAH ANDERSEN, NATIVE AMERICAN COMMUNITY CLINIC, WHITE EARTH NATION
KORTNI BIDINGER, LOWER SIOUX INDIAN COMMUNITY
ASHLEE JALLEN, NATIVE AMERICAN COMMUNITY CLINIC, RED LAKE NATION
JAYLEN STRONG, BOIS FORTE HERITAGE CENTER & CULTURAL MUSEUM

Hear from a panel of leaders in a variety of fields who are integrating indigenous cultural practices into healthcare, workplace wellness, language revitalization efforts, and community work. *Speakers include Ashlee Jallen and Sarah Andersen from the Native American Community Clinic, Kortni Bidinger from Lower Sioux Indian Community, and Jaylen Strong from the Bois Forte Heritage Center & Cultural Museum.*

OPTION 2: EMPOWERING YOUTH VOICE: YOUTH LEADING CITY'S MENTAL WELLNESS STRATEGY DEVELOPMENT

WILL DRIVER, YOUTH FOR CHANGE COALITION
MARGARET GANYO, CHILDREN FIRST
DR. DANIEL PHILIPPE, ST. LOUIS PARK COMMUNITY
CONNOR SULLIVAN, YOUTH FOR CHANGE COALITION

Learn how young people in St. Louis Park evaluated measures of youth wellbeing in their community and used this data to drive their city's investment in mental wellness. *Speakers include Will Driver, Margaret Ganyo, Dr. Daniel Philippe, and Connor Sullivan.*

OPTION 3: GROUNDING OUR WORK IN COMMUNITY VOICE: CREATIVE EVALUATION AND RESEARCH METHODS

MELISSA ADOLFSON, WILDER RESEARCH

JACKIE AMAN, WILDER RESEARCH

KYLA GOUX, WILDER RESEARCH

This one-hour presentation is designed to focus on alternative forms of data collection beyond the traditional survey, interview, and focus group approaches. Wilder Research staff will present approaches to collecting data from community members, including community engagement methods like bead voting, dot voting, and harvest boards. The presentation will include descriptions of these approaches, step-by-step guidelines for carrying out these methods, and detailed examples of previous projects that have utilized these methods. This presentation has been designed for coordinator staff who have minimum to extensive experience with collecting, analyzing, and utilizing public health data. *Speakers include Melissa Adolfsen, Jackie Aman, and Kyla Goux.*

11:00AM - 12:00PM: BREAKOUT SESSION 2

OPTION 1: COMING TOGETHER AROUND ISSUES THAT MATTER

JAMIE BONCZYK, 80X3 INITIATIVE AT GREATER TWIN CITIES UNITED WAY

LEO HOWARD III, 80X3 INITIATIVE AT GREATER TWIN CITIES UNITED WAY

MEGHANN LEVITT, MINNESOTA SUICIDE PREVENTION TASKFORCE

REBA MATHERN-JACOBSON, LUNG MIND ALLIANCE WITH THE AMERICAN LUNG ASSOCIATION

Coalitions and efforts across the state are addressing major public health issues. Learn how different initiatives, including the 80x3 Initiative at the Greater Twin Cities United Way, the Minnesota Suicide Prevention Taskforce, and the Lung Mind Alliance with the American Lung Association, have acted on the idea that we are stronger when we work together.

OPTION 2: COMMUNITY ENGAGEMENT - THE POWER OF STORIES

KAREN JOHNSON, CROW WING ENERGIZED

LOWELL JOHNSON, CROW WING ENERGIZED

During the pandemic, Lowell Johnson and Karen Johnson of the Crow Wing Mental Health Alliance attended a *100 Cups of Coffee* workshop sponsored by the Minnesota Department of Health and FamilyWise Services. They decided to implement the project, changed the name to 100 Community Conversations, trained ten interviewers, and held 105 one-on-one interviews with people who are marginalized in Crow Wing County. "Marginalized" was defined as people with lived experience of mental illness, addiction, disability, incarceration, black and brown skin, or being in the LGBTQ+ community. Sometimes family members of these people were interviewed. The interviewers had an experience of empathy stretch during interviews. The idea surfaced that maybe they could increase empathy and compassion in their community by telling some of these stories. This resulted in the publication of a book and video series, *Bold Yet Seldom Told: Crow Wing Community Stories*.

OPTION 3: PARENT LEADERSHIP MATTERS! PARENT LEADERSHIP PANEL

LEVI CHAPMAN, PARENT LEADER

TONYA LONG, UMONHAN TRIBE, PARENT LEADER

LANA MORROW, NORTHERN MINNESOTA CIRCLE OF PARENTS, PARENT LEADER

Parents from around the state are taking the lead on strengthening their communities and changing systems. Join this session to hear from several of these parent leaders. FamilyWise Services Prevention Initiative Directors will be facilitating this panel of Parent Leaders: Levi Chapman, Tonya Long, and Lana Morrow.

OPTION 4: UNDERSTANDING ACES DATA THROUGH THE MINNESOTA STUDENT SURVEY

JACQUELYN FREUND, EPICOG, LLC

RACHEL WEBER, MINNESOTA DEPARTMENT OF HEALTH

Learn about the context of ACEs data on the Minnesota Student Survey (MSS). We'll talk about the history of inclusion on the survey and how the data are currently used, including a tour of the Minnesota Department of Health's PACEs dashboard and discussion about other MSS data resources available for your communities.

1:00 PM – 2:15 PM: KEYNOTE SPEAKERS

KEYNOTE: EARTH - EMPOWERING ALL RELATIVES TO HEAL

DONNA LA CHAPELLE, CENTER FOR MIND-BODY MEDICINE

DR. JOANNE RIEGERT, NCC, LPCC, CENTER FOR MIND-BODY MEDICINE

For over 15 years, partnerships have been growing between Indigenous Persons/Communities and The Center for Mind-Body Medicine (CMBM). CMBM has been teaching an evidence-based model worldwide for 30 years, focusing on population-wide trauma relief. The foundations of this model arise out of numerous wisdom traditions. Many individuals have woven this work into culturally specific settings with a natural synergy. With the support of dozens of funders over the years and with more than 800 persons from more than 25 tribes trained, the movement to further spread the work continues.

This presentation will overview the model, history of the work, science of stress/trauma, and opportunities to support others to learn and creatively share the practices within their families, workplaces, and communities. The positive impact that occurs intergenerationally is a central tenet of the learning experience. The approach supports learning and healing for children, adolescents, adults, and elders.

Objectives: Explain the practices and basic science of stress and trauma; practice mind-body tools for enhanced awareness and self-expression.

2:15 PM – 2:30 PM: CLOSING

Join us for the closing session where we will share FamilyWise Services' 2024 Family Wellbeing Index, share a participant photo slideshow and survey, create a word cloud, and offer closing words.



SPEAKER BIOGRAPHIES

MELISSA ADOLFSON

Wilder Research
Research Scientist



Melissa Adolfson, Research Scientist with Wilder Research, has almost 20 years of research and evaluation experience. She is experienced in evaluating community- and state-level initiatives focused on supporting youth, families, and communities in their efforts to reduce and prevent substance misuse, suicide, and adverse childhood experiences, and to improve behavioral health systems. Melissa is especially passionate about community-based participatory research and evaluation. She holds a master's degree in population health sciences from the University of Wisconsin-Madison.



www.wilder.org/wilder-research

JACKIE AMAN

Wilder Research
Research Scientist



Jackie Aman partners with organizations and communities to learn about what families need to thrive. As a Research Scientist, she specializes in applied research and evaluation related to women's and children's services, health equity, folk arts, and philanthropic initiatives. She has over a decade of experience conducting both quantitative and qualitative studies, and is increasingly using art-based methodologies and Ripple Effects Mapping to capture impact. Jackie is passionate about finding ways for research and practice to continuously inform one another with the goal of spurring social change. She holds a master's degree in public policy from the Humphrey School of Public Affairs (UMN).



www.wilder.org/wilder-research

Native American Community Clinic,
White Earth Nation
Grants Manager

SARAH ANDERSEN



Sarah is the Grants Manager at the Native American Community Clinic and enjoys writing grants and facilitating impactful community initiatives for Native American communities. She graduated from St. Catherine's University with a Bachelor in Public Health, focusing on Public Policy. She has a deep commitment to improving public health outcomes and advocating for policies and programming that promote equity and well-being.

 www.nacc-healthcare.org

Lower Sioux Indian Community
Community Member

KORTNI BIDINGER




Kortni Bidinger is an enrolled member of the Lower Sioux Indian Community, Cansayapi, in Morton, MN. She graduated from Rasmussen College with an AAS in Early Childhood Education with a specialization in family studies, and her Bachelor's in Health and Wellness. Her work history includes eight years in tribal community health with an emphasis on employee wellness. Her professional passion lies in caring for her community and the next seven generations through knowledge and skill sharing opportunities and creating systematic changes that support an overarching goal of wicozani - a balance of whole health and wellness, through a culturally specific lens. Outside of work, she enjoys spending family time, traveling, reading, baking, and sewing.

80x3 Initiative at
Greater Twin Cities United Way
Senior Program Officer

JAMIE BONCZYK



Jamie Bonczyk is a leader in early childhood education, overseeing the "80x3: Resilient from the Start" initiative at Greater Twin Cities United Way, focused on trauma-sensitive early child education and care. With a background in executive leadership, Head Start administration, teaching, and authorship, Jamie is dedicated to creating sustainable health and education outcomes for children and families. Based in Richfield, Jamie enjoys spending time with her family, playing games, traveling, and practicing yoga and meditation for self-regulation and joy.

 www.80x3.org

Parents as Leaders Program
Participant and Artist

LEVI CHAPMAN



Born and raised in St. Paul, MN, Levi has empowered communities by guiding his peers in various art and cultural events, with a strong focus on fundraising and education. Levi has been a participant in FamilyWise's programs, including the Parents as Leaders program, illustrating his exceptional leadership skills for motivating others.

Levi is an Abstract Artist, poet, and advocate. Levi has authored over 25 inspirational and controversial poems, including three for nonprofit fundraising events, i.e., NAMI Walk and two of his most recent works: Coronavirus Meltdown and Black Identity, which can be found on YouTube.

Levi paints abstract art that glows in the dark and has several publications with his interpretation of a slang word "Empowerist" defined in Merriam-Webster's online dictionary.

Youth for Change Coalition
Coalition Member

WILL DRIVER



Will Driver just finished his junior year at Benilde-St. Margaret's High School (BSM). Will joined the Youth For Change Coalition because he wants to help others, he wants to be more integrated in his community, and he wants to foster the change that he believes will help in the best way possible. He desires to help bridge the gap between youth who have been stripped of their opportunity because of racial, ethnic, or economic discrimination. Will participates on BSM's Knowledge and Quiz Bowl team. He plays the saxophone and is involved in soccer and volleyball, and he also volunteers at Loaves and Fishes. Will is employed with Compass Real Estate.

EpiCog, LLC
Senior Research Scientist

JACQUELYN FREUND



Jacquelyn Freund has a decade of experience as a subcontractor with the Minnesota Department of Human Services, using epidemiologic data to further substance use prevention and mental health promotion. She maintains the website, Substance Use in Minnesota (sumn.org), and helps communities acquire, analyze, and interpret data relevant to their behavioral health goals. She loves working with the Minnesota Student Survey and enjoys helping communities implement data-driven strategies to improve the lives of children in her home state. Jacquelyn earned her master's degree in Conservation Biology and Sustainable Development, specializing in community dynamics related to protected areas, from the University of Wisconsin-Madison. She holds a bachelor's degree in philosophy and biology from Macalester College.

Children First
Executive Director

MARGARET GANYO



Margaret Ganyo has served as the Executive Director of the nonprofit Children First since February 2020. Prior to joining Children First, Margaret served as CEO of the United Way of Southeastern Idaho for fifteen years where she managed two regional Early Learning Opportunity Act grants totaling nearly \$2 million that improved Kindergarten readiness by more than 51%. Her team founded impACT East Idaho, a StriveTogether Network partnership, and she led a policy advocacy effort to secure Idaho’s first-ever state funding for pre-K in 2019 as she was transitioning to living in Minnesota full-time to care for her mother. Before her tenure at United Way, Margaret worked in Community Development, helping NeighborWorks Pocatello achieve Community Development Financial Institution status and secure millions of dollars in new investment for the city. She also served as Director of Pro Bono Services for Utah Legal Services and practiced law for the six years prior to moving into Community Development work. Margaret grew up in rural West Central Minnesota and received her Bachelor of Arts degree Magna Cum Laude from Central College in Pella, Iowa. She received her Juris Doctor degree Cum Laude from Santa Clara (California) University.

 www.children-first.org/

Wilder Research
Research Associate

KYLA GOUX



Kyla Goux (she/they) is a research associate with a wide range of interests from early childhood education and disability justice to racial and culturally-centered health care. They are particularly focused on food and environmental justice topics and lead Wilder’s food access and environmental sustainability business development efforts. Kyla has experience with community engagement, youth interactions in data collection, and prioritizing community voice in research and evaluation. They hold a bachelor’s degree in international relations and psychology from Wheaton College in Massachusetts.


 www.wilder.org/wilder-research

80x3 Initiative at
Greater Twin Cities United Way
Program Manager

LEO HOWARD III



Leo Howard III is the Program Manager for the 80x3 initiative and an Adjunct Professor at the University of Minnesota. With a Master’s degree in Youth Development Leadership, Leo brings a wealth of knowledge and experience in youth and community engagement. His deep commitment lies in empowering our youngest learners and supporting those who play a vital role in shaping and guiding them through transformative work.


 www.80x3.org

ASHLEE JALLEN, MBA

Native American Community Clinic
Traditional Healing Program Manager



Ashlee is a member of the Red Lake Nation (Bear Clan) and currently serves as the Traditional Healing Program Manager at the Native American Community Clinic in Minneapolis. She received her master's in business administration at Hamline University in 2019. In her role as the traditional healing manager, she oversees the expansion and integration of traditional healing practices, ceremony, and traditional medicines throughout the organization with the support of her wonderful team.

 www.nacc-healthcare.org

KAREN JOHNSON

Crow Wing Energized
Former Community Health Specialist



Karen Johnson recently retired from her position as a community health specialist with Crow Wing Energized in Brainerd. Prior to joining Essentia Health, she managed the orthopedic practice, Northern Orthopedics. She currently leads the Sozo wellness group at Trinity Lutheran Church and was recently elected the president of the Friends of the Library in Brainerd. She has volunteered at the Brainerd Family YMCA for over 25 years as an aqua-size instructor. She is blessed to have two grown daughters and five granddaughters.

 www.crowwingenergized.org

LOWELL JOHNSON

Crow Wing Energized
Community Member



Lowell Johnson is a husband, father, and grandfather. He is a retired educator who worked primarily in Early Childhood Family Education. He now considers himself a student of brain science, especially the area of intergenerational brain health. He teaches at the Crow Wing County Jail and volunteers with the Lakes Area Justice Table and the Crow Wing Mental Health Alliance.

 www.crowwingenergized.org

DONNA LA CHAPELLE



Boozhoo, My name is Donna LaChapelle. I am Dakota & Ojibwe Indian, and I am an enrolled member of the White Earth Nation. I am an Elder in my community. My personal journey has been a path of healing and growth, and through my experience, I have sat with my elders in ceremonies, and my journey is rich with teachers from disciplines from around the world. I continue to bring those experiences back to Indian country as tools for healing. I joined MBM in 2012, and I feel fortunate to share Dr. Gordon's work to support our relatives on the journey to self-care.

Carlton County Public Health and Human Services
Public Health Educator

MEGHANN LEVITT



Meghann Levitt has been employed with Carlton County Public Health and Human Services as a Public Health Educator for 15 years and currently works as the Northern Minnesota Suicide Prevention Grant Planner. Meghann serves as the Co-Chair for Minnesota's State Suicide Prevention Task Force. She is also a Public Health Specialist, carrying out leadership roles within the Family and Community Public Health Unit. Having worked in many areas of prevention throughout her career, Meghann is passionate about helping people live a healthy and fulfilling life, and values Public Health's role in preventing chronic diseases and promoting mental wellbeing within the community.

Umonhan Tribe
Community Member and Foster Advocate

TONYA LONG



Tonya Long is a member of the Umonhan "Omaha" Tribe, a veteran, mother, grandmother, Indian Foster Parent as well as a survivor of foster care. A 2000 graduate of William Mitchell College of Law. Tonya is an Indian Child Welfare Advocate. Tonya serves on several boards for American Indian Students and American Indian Families involved in child protection matters. Currently Tonya is serving on the American Indian Community Specific Board for the Ombudsperson for American Indian Families and appointed by the Minnesota Indian Affairs Council.

REBA MATHERN-JACOBSON, MSW



Reba manages the Lung Mind Alliance which involves statewide partners to implement strategies to reduce the disparity impact commercial tobacco use has on people with mental illness and/or substance use disorders. She has over 25 years of experience living and working within behavioral health settings, doing program development and policy.

 www.lung.org/

Family Light

LANA MORROW

Operating Director

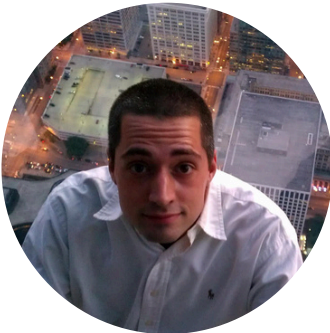


After receiving a degree in Applied Anthropology, Lana Morrow was offered a spot on a team working to bring Circle of Parents support groups to the Iron Range area of Northern Minnesota. Accepting, she was trained as a certified facilitator and became part of a group that worked alongside St. Louis County to establish this new parent support service. After a year of great success running groups, Lana was trained as a certified facilitator for the Circle of Security Parenting course. This allowed for the expansion of services that could be offered. Hearing from other parents and families on further needs, she participated in additional education and continued adding services to fill the expressed needs of the parents and families she worked with. Lana now operates a small family service nonprofit known as Family Light, providing family mentorship, support groups for both parents and children, Circle of Security Parenting, and other topical courses.

St. Louis Park

DR. DANIEL PHILIPPE, PH.D, NCSP

Community Member



Dr. Daniel Philippe, Ph.D, NCSP, is a nationally certified school psychologist who lives in St. Louis Park, Minnesota. He has worked in education for nearly 15 years, originally as a classroom teacher in Chicago, IL. As a community member, parent, and professional, he is passionate about promoting the mental health of communities by centering and empowering the voices and perspectives of individuals.

DR. JOANNE RIEGERT, NCC, LPCC

Center for Mind-Body Medicine
Faculty and Supervision Team



Dr. JoAnne Riegert is a member of the CMBM Faculty and Supervision Team. Certified in Mind-Body Medicine, Dr. Riegert shares the wisdom of her Ojibwe ancestors and perspectives of Native American communities with CMBM. She is Ojibwe of the Crane Clan from the White Earth Indian Reservation, and her spirit name is Lead White Cloud Woman. She facilitates Mind-Body Skills Groups both online and in-person on several first nations reservations in Northwest Minnesota.

Dr. Riegert is a Licensed Professional Clinical Counselor. She educates and trains new clinicians, following the principles of the Seven Grandfather Teachings of the Anishinaabe. She is professionally trained in indigenous trauma-focused cognitive behavioral therapy, indigenous restorative justice circle processes, suicide prevention and intervention, eye movement desensitization and reprocessing therapy, grief and loss, and men's domestic violence re-education. Dr. Riegert is also adjunct faculty at North Dakota State University.

Dr. Riegert received her PhD from North Dakota State University, where she wrote her dissertation on the impact of a Mind-Body Skills Group in a rural community. In her leisure time, she enjoys spending time with her family, especially her grandson. She enjoys participating in cultural activities, gardening, canning, and home improvement projects.

 www.cmbm.org/

Bois Forte Heritage Center & Cultural Museum
Director

JAYLEN STRONG



Jaylen Strong grew up on the Nett Lake side of the Bois Forte community. He went to the University of Minnesota Twin-Cities to get his undergraduate degree in Ojibwe Language and Human Physiology, and to University of Minnesota - Duluth to get a master's degree in Tribal Administration and Governance. Jaylen started working for his community in 2019 as the Bois Forte Heritage Center and Cultural Museum's director and currently administers the Tribal Historic Preservation Office along with his duties.

 www.boisforteheritagecenter.com/

CONNOR SULLIVAN



Connor Sullivan just finished his junior year at St. Louis Park High School. He joined the Youth For Change Coalition (Y4CC) because he wants to have a more hands-on experience in changing things in the field of healthcare. He thought the Y4CC would be really fun and interesting, and he can say for sure now that he was right. His favorite class in school was his Adulting and Wellness class where students learned life skills, such as finding good health insurance and learning about credit scores. Connor's plans for the future include working as a CNA and later studying to get his LPN.

RACHEL WEBER



Rachel Weber is a data visualization specialist in the Injury and Violence Prevention Section at MDH. Her work focuses mostly on ACEs; tracking, mitigating, and communicating them with various partners around the state. A cornerstone of the ACEs program is the Preventing ACEs Dashboard built and released last year. This dashboard uses MSS data to describe ACEs prevalence, risk, and protective factors for Minnesota students. Rachel is presently working on data briefs for school districts to see their individual data and get resource suggestions for addressing student needs. Come chat with her to swap ideas on measuring student resiliency and improving access to trusted adults.



ACKNOWLEDGEMENTS

Sponsoring Projects



More Resilient Minnesota seeks to improve the health and resilience of current and future generations. Resilience includes individuals’ inherent strengths and nurtured capacities as well as the resources and supports of their families, communities, and cultures. FamilyWise Services, with funding from the Minnesota Department of Human Services, supports this initiative to grow resilient communities across Minnesota. [Learn more](#)



The Tribal NEAR and Community Wisdom Project is a grassroots movement designed to build awareness and understanding regarding the root causes of the contemporary issues our tribal communities face today, and to honor and uplift stories of indigenous resilience. This project is developed through a Health POWER project at FamilyWise Services, with support from the Center for Prevention at BlueCross and BlueShield of Minnesota and the University of Minnesota Extension.

[Learn more](#)

Funders



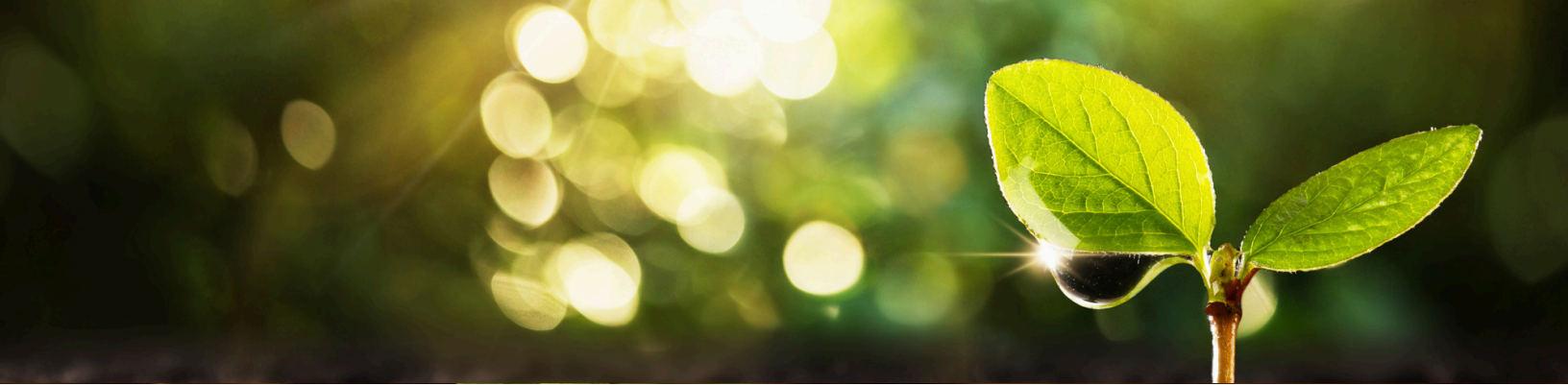
The Center for Prevention at Blue Cross and Blue Shield of Minnesota works to advance racial and health equity to transform communities for a healthier Minnesota. We have a vision that racism no longer determines health outcomes, and all people can attain their highest level of health. Our work focuses on advancing food justice by ensuring access to healthy, affordable, and culturally relevant foods and eliminating access to and use of commercial tobacco - especially in communities most impacted by commercial tobacco-related health inequities.

[Learn more](#)



Minnesota Department of Human Services provides funding to support implementation of More Resilient Minnesota. This supports a grant with FamilyWise Services to partner alongside Children’s Mental Health and Family Services Collaboratives on their journey to fulfill the phases toward building Self-Healing Communities. [Learn more](#)

Both funders contributed support for FamilyWise Services to facilitate and coordinate the *7th Annual Gathering of Collaboratives and Tribal Nations Addressing ACEs*.



RESOURCES

WATCH + LISTEN

[KPJR Films, including "Resilience" and "Paper Tigers"](#)

[Remembering Resilience Podcast Series](#)

[Practicing Resilience Recordings on YouTube](#)

[Self-Healing Communities Model \(SHCM\) Webinar](#)

[ACEs Ted Talk - Nadine Burke Harris](#)

[MN Suicide Prevention](#)

[FamilyWise Services Regional Staff Map](#)

ENGAGE

[FamilyWise Services](#)

[Project Aware](#)

[MN Mental Well-Being and Resilience Learning Community](#)

[More Resilient Minnesota](#)

[MN Mental Health Promotion](#)

[MN Injury and Violence Prevention](#)

[PACEs Connection](#)

[Help Me Connect](#)

[Regional Prevention Coordinators](#)

[Statewide Health Improvement Partnership \(SHIP\)](#)

[MN ACEs Action - Trauma Informed Network](#)

[Children's Mental Health and Family Services Collaboratives](#)

[Minnesota Thrives](#)

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[American Lung Association: Lung Mind Alliance](#)

[Bois Forte Heritage Center and Cultural Museum](#)

[Youth for Change Coalition/Children First](#)

[United Way 80x3 Initiative](#)

[Minnesota State Suicide Prevention Taskforce](#)

[Wilder Research](#)

[The Center for Mind-Body Medicine](#)

[Lower Sioux Indian Community](#)

[Crow Wing Energized](#)

[Native American Community Clinic](#)

[Minnesota Student Survey](#)

[Circle of Parents](#)