2024 Circle of Parents Training Calendar

Circle of Parents Orientation

Recording and Materials link: Circle of Parents Orientation

Statewide Circle of Parents Networking Opportunities

<u>9:00 – 10:30 am</u>

Join this quarterly statewide networking opportunity to connect with other Circle of Parents contacts, facilitators, and volunteers to enhance your local support groups. Engage in discussions, share best practice ideas, troubleshoot problem areas, training needs and/or opportunities, marketing, referral sources, and resources.

Register {<u>link}</u> January 9th – April 9th – July 9th – October 8th



Establish a Circle of Parents Children's Group

<u>9:00 am – 4:00 pm</u>

An integral part of Circle of Parents, children's groups provide developmentally appropriate skillbuilding activities that increase children's confidence and self-worth and further their social skills. Volunteers create opportunities for children to enhance their self-esteem, and learn non-violent problem-solving and conflict resolution through developmental cooperation. Children's groups provide an additional incentive for parents to attend Circle of Parents meetings. **Registration is required** and **Social Work CEUs** are available. **Register** *{link}* **Feb 13th - May 14th - August 13th - Nov 12th**





Facilitation Skills – Part 1 *Virtual*

Using our new online training system, you can work through each section at your own pace. Training sections include creating a safe, supportive, and welcoming space for learning; basic skills of facilitating peer-led, mutual self-help Circle of Parents groups; and focus on shared leadership and family support while ensuring the safety of children. Protective factors are supported naturally through colearning and empowered leadership. This opportunity is perfect for new facilitators and as a refresher course for current facilitators. Registration is required and Social Work CEUs are available. Access Facilitation Skills Part 1 training at <u>{link}</u> and get started today.



Facilitation Skills – Part 2 In Person 9:00 – 11:00 am

This is the final step in becoming certified to facilitate a Circle of Parents group. During this in-person session, we will review the strength-based facilitation model, create a safe/supportive group environment, and continue building resiliency. You will also complete/submit the necessary background check paperwork and receive access to the Circle of Parents Facilitation Portal and password. This is a great opportunity to ask questions, practice your skills, and gain confidence before facilitating groups. *Registration upon completion of Part 1* March 12th - June 11th - Sept 10th - Dec 10th

> For more information: Barb Sorum – 507.383.8842 bsorum@familywiseservices.org

About Minnesota Circle of Parents:

The Minnesota Circle of Parents model is a peer-led, mutual self-help, support group program. Group sessions create safe spaces for parents to share parenting experiences, learning opportunities, and resources to build confidence and strengthen family relationships. Parents learn from and support each other through challenges and successes.

Implementing a Circle of Parents support group increases parent partnership and shared leadership throughout the community. Support groups also help create and strengthen prevention initiatives and other local family programs and services.

All groups are offered free to participants, they're confidential, and designed to promote positive parenting.



Regional Contacts:

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