# **NEAR Science Resource Library**

## **Neuroscience Resources:**

### **Website: Harvard Center for the Developing Child** <https://developingchild.harvard.edu/>

### **Video: Alberta Family Wellness Initiative video "How Brains are Built"** <http://www.albertafamilywellness.org/resources/video/how-brains-are-built-core-story-brain-development>

### **Scholar**: [**Dr. Martin Teicher**](http://www.mcleanhospital.org/biography/martin-teicher)

An MD & PhD who has been director of the Developmental Biopsychiatry Research Program at McLean Hospital since 1988, and is currently an associate professor of psychiatry at Harvard Medical School. He reviewed & approved the brain science facts in the ACE Interface *Understanding ACEs: Building Self-Healing Communities* curriculum

### **Scholar:** [**Dr. Dan Siegel**](http://www.drdansiegel.com/)

Author of *The Whole Brain Child* (co-author Tina Payne Bryson) and the accompanying workbook for parents. Video/Concept: [Handy Model of the Brain](https://www.youtube.com/watch?v=gm9CIJ74Oxw)

## **Epigenetics and Historical Trauma Resources:**

### **Scholar: Dr. Maria Yellow Horse Brave Heart**

A Native American scholar, social worker/mental health practitioner, and associate professor who developed a framework for understanding historical trauma of Lakota people, which has since been expanded and applied to understanding other communities that have experienced collective group trauma. Linked are an [interview](https://www.youtube.com/watch?v=RZtCS1362UI), and a [webpage](http://www.healingcollectivetrauma.com/video.html) focused on Healing Collective Trauma.

### **Scholar: Dr. Brian Dias**

Co-principal investigator of the [Cherry Blossom Study](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3923835/). He has an August 2020 [TEDx: Halting Legacies of Trauma](https://www.youtube.com/watch?v=OhrW08fqiP0) and video from Oct. 2020 on [Inheriting Emotional Trauma](https://www.youtube.com/watch?v=IAxXh8Cluso&feature=youtu.be).

### **Podcast:** [**Remembering Resilience**](https://rememberingresilience.home.blog/) [**https://rememberingresilience.home.blog/**](https://rememberingresilience.home.blog/)

**Podcast: Inheritance Radio Lab** - <https://www.wnycstudios.org/podcasts/radiolab/episodes/251876-inheritance>

## **ACEs Resources:**

**Scholar:** [**Dr. Robert Anda**](https://robertandamd.com/), the co-principal investigator of the 1st ACE Study who reviewed & approved the ACE Study facts in the ACE Interface *Understanding ACEs: Building Self-Healing Communities* curriculum

**Scholar:** [**Dr. Vincent Feletti**](https://www.apbspeakers.com/speaker/vincent-felitti/), physician, researcher, and the co-principal investigator of the 1st ACE Study

**Scholar: Dr. Roy Wade**, scholar who helped develop the [Philadelphia ACE Study](http://www.philadelphiaaces.org/philadelphia-ace-survey), which expanded the original ACE Questionnaire to include experiences of witnessing community violence and racism

**Scholar: Dr. Nadine Burke Harris**, author of *The Deepest Well: Healing the Long-Term Effects of Childhood Adversity*, Ted Talk [How Childhood Trauma Affects Health Across a Lifetime](https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime)

**Article: ACEs & Toxic** Stress [article](https://developingchild.harvard.edu/resources/aces-and-toxic-stress-frequently-asked-questions/#:~:text=In%20that%20study%2C%20%E2%80%9CACEs%E2%80%9D,%2C%20neglect%2C%20and%20household%20dysfunction)

**Infographic: The Truth About ACEs** [Infographic](https://www.rwjf.org/en/library/infographics/the-truth-about-aces.html) from Robert Wood Johnson

**Infographic: We Can Prevent Childhood Adversity** [Infographic](https://vetoviolence.cdc.gov/apps/aces-infographic/assets/pdf/aces-ig-narrative-508c-rv.pdf) from the Centers for Disease Control and Prevention on ACEs

### **Book: The Deepest Well: Healing the Long-Term Effects of Childhood Adversity by Nadine Burke Harris**

### **Video:** [**Ted Talk**](https://familywiseservices.sharepoint.com/sites/SharedFiles/Shared%20Documents/Prevention%20Services/Kate/Trainer%20Portal/Trainer%20Portal%20Content/Supplemental%20Documents/Resource%20Library/1.%09https:/www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime?utm_campaign=tedspread&utm_medium=referral&utm_source=tedcomshare) **with Nadine Burke Harris**

### **Video:** [**Personal and Parental Reflections on Adverse Childhood Experiences**](https://www.youtube.com/watch?v=jUJHvbPrL0I)

### **Website: Robert Wood Johnson ACEs** [**Library**](https://www.rwjf.org/en/library/collections/aces.html)

## **Resilience Resources:**

**Scholar:** [**Dr. Ann S. Masten**](http://icd.umn.edu/people/amasten/)**,** a leading resilience scholar from the University of Minnesota who focuses on resilience and childhood adversity. She has written several books on the topic, including *Ordinary magic: Resilience in development*

**Infographic:** National Sexual Violence Resource Center Protective Factors [Infographic](https://www.nsvrc.org/sites/default/files/publications/2019-07/Risk%20%26%20Protective%20factors_Final508.pdf)

**Videos: Practicing Resilience** [Playlist](https://familywiseservices.org/practicing-resilience-playlist/)

### **Podcasts:** [**Remembering Resilience**](https://rememberingresilience.home.blog/)

### **Website: SEARCH Institute Developmental Assets** [**Framework**](https://www.search-institute.org/our-research/development-assets/)

**Scholar: Dr. Amit Sood, MD**, a provider at the Mayo Clinic in Rochester, MN provides access to the FREE daily healing audio messages at this link:  [https://www.resilientoption.com/](https://resilientoption.us8.list-manage.com/track/click?u=9578a9c43470659536189c7af&id=b192c5709a&e=89b4bd0a7f)