

# More Resilient Minnesota

*Collaboratively Honoring & Healing Communities*

## Phase 2: Regional ACE Interface Presenter Training



FamilyWise Services is licensed through [ACE Interface, LLC](#) to train people to present the *Understanding Adverse Childhood Experiences: Building Self-Healing Communities* curriculum in Minnesota. Since 2013, ACE Interface co-founders, Laura Porter and Dr. Rob Anda have worked with Minnesota Communities Caring for Children and FamilyWise Services to train 45 ACE Interface Trainers, who have trained over 800 ACE Interface Presenters across Minnesota to use the ACE Interface curriculum.

**Phase 2: FamilyWise Services will offer Regional ACE Interface Presenter Trainings that will train Collaborative partners to present the *Understanding ACEs: Building Self-Healing Communities (ACE Interface)* curriculum to their Collaboratives' communities.**

FamilyWise will follow up with Collaborative Coordinators after their initial presentations to explore their readiness to move to Phase 2, which entails recruiting **at least 3** local Collaborative partners, community members, and/or caregivers, to attend a regional ACE Interface Presenter Training, so they can be trained to present the *Understanding ACEs: Building Self-Healing Communities* curriculum. This is a key way to build community capacity, reach diverse community sectors, and expand community leadership.

Once trained, these Collaborative presenters can support their Collaborative's ongoing community-based planning, shared learning, Community Resilience Conversations, and help their Collaboratives create Community Resilience Plans during Phase 3 of More Resilient Minnesota.

### **What is the ACE Interface *Understanding ACEs: Building Self-Healing Communities* presentation?**

The ACE Interface presentation is presented in three sections:

- 1) Neurobiology & Epigenetics
- 2) Key Findings from the Adverse Childhood Experiences (ACE) Study
- 3) A basic framework for thinking about resilience

### **What is a Regional ACE Interface Presenter Training, anyway?**

A Regional ACE Interface Presenter Training trains a diverse and inclusive group of applicants affiliated with Collaboratives to deliver the *Understanding Adverse Childhood Experiences: Building Self-Healing Communities* presentation widely throughout their communities. Presenters expedite the spread of ACEs and resilience research by offering *Understanding ACEs* presentations to audiences of parents and diverse sectors. Sharing this knowledge across a community was found to be a key foundational step that helped achieve tremendously positive outcomes for children, youth, and families in Washington State.

## What does a Collaborative need to do to send people to a Regional ACE Interface Presenter Training?

- ***What is the depth and breadth of enthusiasm and energy for this work in your Collaborative's community?***  
Will there be a group of at least 3 - 5 people from your Collaborative who are interested enough to apply to attend a Regional ACE Interface Presenter Training, and then present the *Understanding ACEs* curriculum in your community at least 2 times in the coming year?
- ***Has your Collaborative looked at your key community data impacting children, families, and ACEs related health and social outcomes?*** For example, what are the rates of out of home placement? Are there racial disparities in out of home placements, health, education, or other areas? What are the key health, risk factors, and social problems facing your community? Are the people interested in attending a Regional ACE Interface Presenter Training representative of families impacted by ACEs and providers addressing those key challenges?
- ***Is there a group in your Collaborative's community that has convened, after your Collaborative's initial 3 - 5 presentations, to consider developing a plan to reduce ACEs and build resilience in your community?*** Are there people with passion and skills ready to create connections and change?
- ***Is there a small group of individuals ready and able to support and coordinate the activity of ACE Interface presenters in your Collaborative's community?*** This may include matching local presenters with requests for presentations if needed, being a main point of contact for ongoing coordination with FamilyWise Services, ensuring data collection, and convening the cohort of presenters 2 - 3 times per year as a learning community. Communities that have shown significant reductions in violence and increases in health outcomes have engaged in an ongoing process of expanding leadership, coming together, shared learning, and results oriented decision-making.

For more information about this initiative, or to find the contact information for your FamilyWise Services regional staff person, please visit the More Resilient Minnesota [webpage](#).

