

## Introduction & Orientation

Overview of Circle of Parents to prospective Circle of Parents facilitators and advisory committee members. Using a combination of hands-on activities, discussion, and resources, *Registration required & closes one week prior to each session.*

January 18, 2022, 9:00 am – 10:30 am

April 19, 2022, 9:00 am – 10:30 am

July 19, 2022, 9:00 am – 10:30 am

October 18, 2022, 9:00 am – 10:30 am

## Facilitation Skills

Learn the basic skills to begin facilitating mutual self-help Circle of Parents groups with confidence. This training builds on the strengths of the past by providing greater opportunity to practice skills, increase knowledge of how groups work and become even more grounded in the values of mutual self-help, shared leadership and family support. Protective factors are supported naturally through co-learning and empowered leadership. It's perfect for new facilitators and as a refresher course for current facilitators. CEUs are available. *Registration required and closes one week prior to each session.*

February 15, 2022, 9:00 am – 4:00 pm

May 17, 2022, 9:00 am - 4:00 pm

August 16, 2022, 9:00 am – 4:00 pm

November 15, 2022, 9:00 am – 4:00 pm



## Establishing a Children's Group

An integral part of Circle of Parents, children's groups provide developmentally appropriate, skill building activities that increase children's confidence and self-worth while providing fun and enjoyment. Children's groups provide an additional incentive for parents to attend Circle of Parents meetings by providing a safe, entertaining, and educational place for their children. A children's group helps children build relationships with one another while their parents or caregivers are meeting in a separate group. Volunteers create many opportunities for children to be nurtured as well as to enhance their self-esteem and further their social skills. Children learn non-violent problem solving through the development of cooperative relationships and practice problem solving and conflict resolution. CEUs are available. *Registration required and closes one week prior to each session.*

March 15, 2022, 9:00 am – 4:00 pm

June 21, 2022, 9:00 am – 4:00 pm

September 20, 2022, 9:00 am – 4:00 pm

December 13, 2022, 9:00 am – 4:00 pm

**Registration Here:** <https://www.pcamn.org/circle-of-parents-training-series/>

### About Minnesota Circle of Parents

The Minnesota Circle of Parents model is a peer-led, mutual self-help, support group program. At group sessions parents can safely discuss the challenge and success involved in raising children with other parents and caregivers. Implementing a Circle of Parents support group increases parent partnership and shared leadership throughout the community. Support groups also help create and strengthen prevention initiatives and other local family programs and services.



### For more information:

**Barb Sorum - SMN**

bsorum@familywiseservices.org  
507.383.8842

**Lisa Deputie - Metro**

deputie@familywiseservices.org  
612.877.7810

**Jenna Schmidt - NMN**

jschmidt@familywiseservices.org  
218.461.0292

