



# Using Acknowledgement to Empower Community Transformation

---

Becky Dale

Co-Creative Coaching,  
Consulting and Composing

---

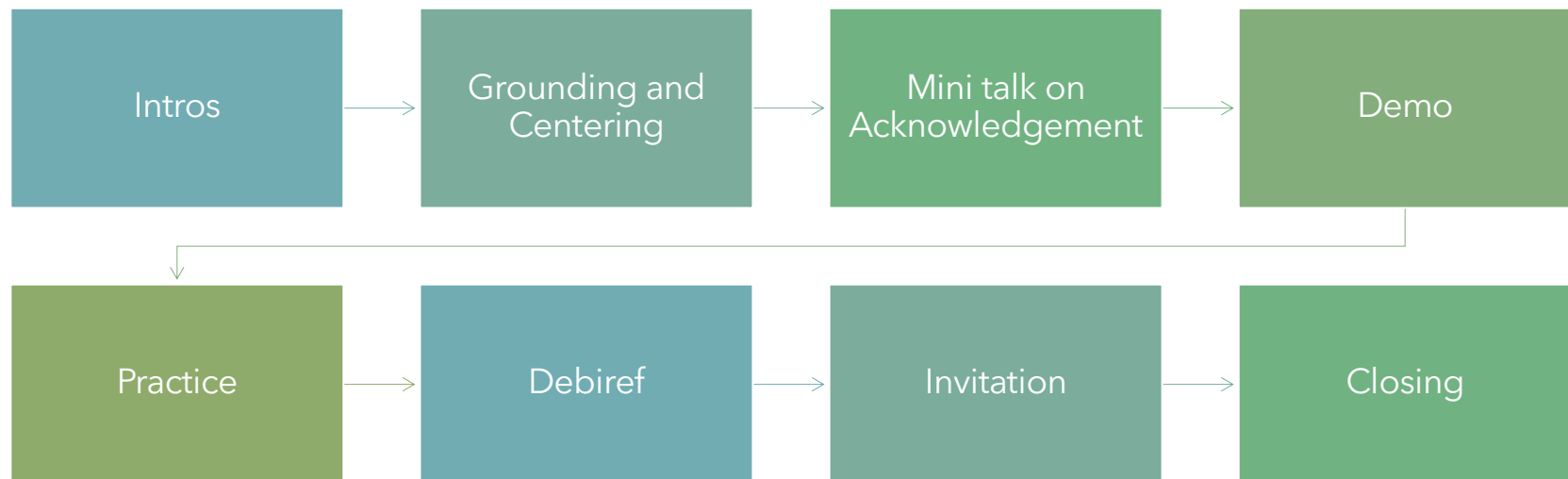
"The greatest good you can do for another is not just to share your riches, but to reveal to him his own."

---

-Benjamin Disraeli

# Flow

---







# Grounding and Centering



# Coaching

Coaching emerged as a way to provide support and guidance for individuals moving through a change process toward greater effectiveness and fulfillment. Coaching is part of the cultural shift from a pathology worldview to a resourceful worldview. In the pathology worldview, problems are identified, evaluated and solutions are implemented, usually by outside experts. In contrast, coaches work with people from a resourceful point of view – collaborating to explore opportunities and identify resources to create an exciting future based on awareness, choice and action. Coaching is world-changing as well as life-changing work.

- From *Coaching for Transformation*

---

# Acknowledging the essence...

---

...is a heart-to-heart way of seeing one another. We acknowledge by sharing the qualities that we see, hear and sense as the essence of the person. We do this to support one another in feeling seen authentically at the core.

*From Coaching for Transformation*





# Seeing the Essence

- Intuition
- Felt Sense
- Reading Energy
- Observation



# Steps





## Acknowledging Suffering

"Not **everything that is faced**  
**can** be changed, **but nothing**  
**can** be changed **until it is faced.**"

– James Baldwin.

## **Acknowledgement and Community Transformation**



Insider and Outsider  
Acknowledgement



Focus and Results



Celebration and momentum

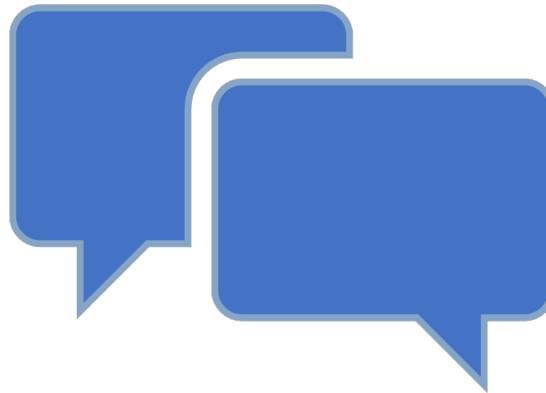


## Practice Triads

- Introduce and share contact info if you wish
- Three roles: storyteller, acknowledger, observer/timekeeper
- Storyteller shares a story of their community
- Acknowledger acknowledges
  - Essence, values of the community
  - Successes
  - Whatever else might be hidden and important to transformation
- Storyteller reflects impact of the acknowledgement
- Observer acknowledges the Acknowledger!

---

# Debrief





# Invitations

## Acknowledge a person

Acknowledge something  
or someone today

## Acknowledge your community

Acknowledge something  
about your community  
today

## Acknowledge another community

Partner with someone  
from another community  
in MN for support and  
insider-outsider  
acknowledgement  
practice - meet once a  
month for 3-6 months

# Closing

- Breathe and tune in to intuition
- Acknowledge something that impacted you today
- Acknowledge something you appreciated about this session
- Acknowledge something you wished for but didn't get from this session



# Thank you!!

Becky Dale  
Co-Creative Coaching, Consulting and Composing  
[beckydale917@gmail.com](mailto:beckydale917@gmail.com)