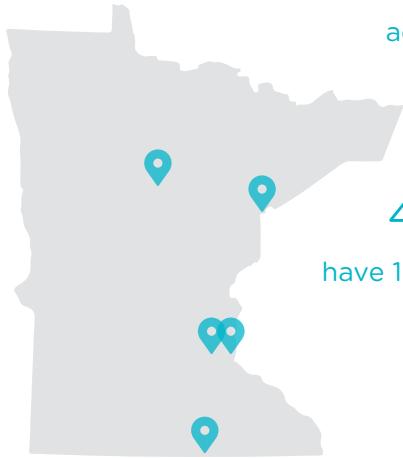


## WHO WE SERVE



In 2019, FamilyWise served  
2,513 individuals in  
1,012 households  
across the state of Minnesota



More than  
400 families

have 1+ children under 5 years old



97% Parent interactions maintain  
safety & well being

94% Children (5 years & younger)  
met development milestones  
at closing



92% Connected families to  
community resources

## WHO WE ARE

FamilyWise is Minnesota chapter of Prevent Child Abuse  
America and the National Circle of Parents.



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facebook.com/**FamilyWiseServices**  
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www.linkedin.com/company/familywise

Learn more  
[FamilyWiseServices.org](http://FamilyWiseServices.org)



Smart Parenting Starts Here



FamilyWise is committed to keeping children safe. Through education and skill building, barriers for families struggling with complex challenges are broken down. FamilyWise is a local nonprofit that has impacted thousands of families in our community since 1976.

FamilyWise's mission is to strengthen families by promoting the safety, stability, and well-being of children.



“When you educate someone, you empower them in such a way that you are not just empowering them to be independent, you are empowering their confidence. You are empowering the community they belong to.”

### Leandra, Program Graduate

#### Adult Parent Education 612.877.7830

Helps families who are at risk of or involved with the child welfare system to strengthen the family as a whole by building parenting and life skills. Individual and group classes are available.

#### Young Parenting Services 612.877.7834

Help pregnant youth or young parents to become the best caregivers they can be through parenting, independent living, health, and social skills workshops.

#### Circle of Parents®

A national peer-to-peer parenting support group model that creates safe spaces for parents to share parenting experiences and resources to build confidence and strengthen family relationships.

[familywise@familywiseservices.org](mailto:familywise@familywiseservices.org)

#### NEAR Science Community-Driven Initiative (Neurobiology, Epigenetics, ACEs, & Resilience)

Provides education, trains presenters, and works with communities to share neurobiology, epigenetics, Adverse Childhood Experiences and resilience (NEAR) research to catalyze individual and community-driven actions that foster understanding, hope and healing.

[NEAR@familywiseservices.org](mailto:NEAR@familywiseservices.org)

#### Tribal NEAR Communities

Builds the knowledge, skills, and confidence of tribal community members around neurobiology, epigenetics, ACEs and resilience (NEAR) research and holistic health topics to strengthen the self-efficacy of tribal communities in creating healing systems.

[TribalNEAR@familywiseservices.org](mailto:TribalNEAR@familywiseservices.org)

## GREAT PARENTS AREN'T BORN THEY'RE TAUGHT

That's why parent education and coaching is a part of everything FamilyWise does. Giving parents of all ages and backgrounds the tools to be effective parents improves children's chances for a better future.

## EVERYONE NEEDS A ROLE MODEL

Parenting can be tough - especially for moms and dads who haven't had a positive role model. FamilyWise's services are designed to address two or more generations within a family. Parents get the support they need and kids are on track for learning.

## SELF-DISCOVERY IS PART OF THE PROCESS

FamilyWise provides a safe, secure location if your family is faced with a domestic crisis that could interrupt a parent-child relationship. There are a range of programs and services designed to educate and support parents through their everyday challenges. Whether you are a young, first-time parent, or a parent faced with a divorce, creating a safe, stable, and loving environment for your children is possible.

## OUR PROGRAMS & SERVICES

### First Step Early Childhood Education Center 612.877.7821

Our nationally accredited, affordable childcare center open to the public for all children ages 6 weeks to first day of kindergarten.



### High-Fidelity Wraparound 612.877.7835

A nationally recognized model that helps youth with significant behavioral, emotional and mental health issues to remain in the community by creating an individualized support plan for the family.

### Supervised Parenting & Safe Exchange 612.877.7846

In cases of family separation or family violence where the well-being of the child is in question, non-custodial parents and their children can visit in a safe environment in the home, out in the community or at one of our sites.