Our Programs & Services

**Adult Parent Education**
612.877.7830
Helps families who are at risk of or involved with the child welfare system to strengthen the family as a whole by building parenting and life skills. Individual and group classes are available.

**Young Parenting Services**
612.877.7834
Focused on giving pregnant youth or young parents the tools to become the best caregivers they can be through building parenting, independent living, health, and social skills.

**High-Fidelity Wraparound**
612.877.7835
A nationally-recognized model that helps youth with significant behavioral, emotional and mental health issues to remain in the community by creating an individualized support plan for the family.

**Supervised Parenting and Safe Exchange**
612.877.7846
In cases of family separation or family violence where the well-being of the child is in question, non-custodial parents and their children can visit in a safe environment in the home, out in the community or at one of our sites.

**First Step Early Childhood Education Center**
612.877.7821
Our nationally-accredited, affordable childcare center open to the public for all children ages 6 weeks to first day of kindergarten.

“I feel much more confident that I can parent on my own.”

Desiree
Program Graduate

Learn more
FamilyWiseServices.org

Smart Parenting Starts Here
FamilyWise is committed to keeping children safe. Through education and skill building, barriers for families struggling with complex challenges are broken down. FamilyWise is a local nonprofit that has impacted thousands of families in our community since 1976.

FamilyWise’s mission is to strengthen families by promoting the safety, stability, and well-being of children.

Great parents aren’t born. They’re taught. That’s why parent education and coaching is a part of everything FamilyWise does. Giving parents of all ages and backgrounds the tools to be effective parents improves children’s chances for a better future.

Everyone needs a role model. Parenting can be tough – especially for moms and dads who haven’t had a positive role model. FamilyWise’s services are designed to address two or more generations within a family. Parents get the support they need and kids are on track for learning.

Self-discovery is part of the process. FamilyWise provides a safe, secure location if your family is faced with a domestic crisis that could interrupt a parent-child relationship. There are a range of programs and services designed to educate and support parents through their everyday challenges. Whether you are a young, first-time parent, or a parent faced with a divorce, creating a safe, stable, and loving environment for your children is possible.

“When you educate someone, you empower them. You empower them in such a way that you are not just empowering them to be independent, you are empowering their confidence. You are empowering the community they belong to.”

Leandra
Program Graduate

FamilyWise’s Impact

Every year, FamilyWise serves thousands of families across the Twin Cities metro region - connecting families to community resources and providing parent education to promote the safety, stability, and well-being of children. Here’s a snapshot of those served by FamilyWise:

- African American (45%)
- Caucasian/White (30%)
- Multiracial (9%)
- Hispanic/Latino (6%)
- American Indian (4%)
- Asian (3%)
- Other (2%)
- African (2%)

Not making a livable wage (89%)
Making a livable wage (11%)