## Wraparound's Principles

### 1. Family Voice and Choice

Family makes the decisions; process is child and family-focused.

### 2. Team-Based

Family chooses a team of both personal supports and professionals.

### **3. Natural Supports**

Work to develop personal or natural supports (family, friends, social groups and community groups) to support the family system once professionals are gone.

### 4. Collaboration

Collaborate with systems already in family's life (schools, social workers, etc.)

### 5. Community-Based

Encourage greater involvement in community activities.

### 6. Culturally Competent

Services are tailored to the family's culture; race, ethnicity, family habits and beliefs, preferences, language, rituals, dress, etc.

#### 7. Individualized

Family's plan is based on their specific needs in all life's domains.

#### 8. Strength-Based

Family's plan built on their individual and family strengths.

### 9. Unconditional Care

When things don't go well, the youth and family do not get kicked out of the program.

#### 10. Outcome Based

Plans and progress are continually evaluated for quality.

## **Other Programs & Services**

FamilyWise's mission is to strengthen families by promoting the safety, stability, and wellbeing of children.

### First Step Early Childhood Education Center 612.877.7821

First Step is our nationally-accredited, affordable childcare center that is open to the public for all children ages 6 weeks to 5 years.

#### Supervised Visitation and Safe Exchange 612.877.7846

In cases of family separation or family violence where the well-being of the child is in question, we offer Supervised Visitation between non-custodial parents and their children in a safe environment in the home or on-site at one of our five locations.

# Teen Parenting Services 612.877.7835

FamilyWise's teen parenting program is focused on giving pregnant or young moms and dads the tools to become the best parents they can be.

# Adult Parent Education 612.877.7830

Our Adult Parent Education program helps families who are at risk of or involved with the child welfare system to strengthen the family as a whole.

# Parenting Assessments 612.877.7837

Required by courts and county social workers to determine the next step in a treatment plan, these assessments provide information on parenting competence and the resources needed for parents to foster the development of their children.

"Through the support of her Wraparound team, Amanda is able to attend weekly therapy and follow one set of goals." -Participant parent

# **High-Fidelity Wraparound**







## Meet Diamond, a Program Participant

Diamond started working with FamilyWise shortly before her son was born. She was feeling very depressed and didn't know if she was going to stick with the program because she had trouble communicating with adult figures.

"I was a really mad kid, so I used to always say that it'd probably be better in jail. But I don't feel that way anymore. I can actually say 'so, this is what I'm going to do in five years' or 'this is my plan for three months from now' because I'm more positive and actually can think of those things."

Diamond's Wraparound meetings started to become something she looked forward to after school. Thanks to FamilyWise's Wraparound program, Diamond is finishing school to become a wood worker (her passion), has a stable job, a car and secure housing.



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## Do For, Do With, Cheer On!

High-Fidelity Wraparound (commonly called Wrap) is a nationally-recognized model aimed at helping youth with significant behavioral, emotional and mental health issues.

Wraparound "wraps" a family in support and resources!

### Wrap allows youth to:

- Remain in their communities rather than being placed in a correctional or residential treatment facility;
- Establish a team of formal and informal supports;
- Develop a plan to meet their goals and to build long-term support from the community that continues long after Wrap ends;
- Work on that plan step-by-step with successes that build the confidence of the family to achieve their goals;

Wraparound ends when the family feels stable and supported enough to mobilize their own team.



### Wraparound is for

- Families of youth 6-21 (confirm eligibility with FamilyWise)
- Youth with a mental health diagnosis, or who may have displayed behaviors that interfere with their school performance, social and family relationships, substance abuse or who may be showing signs of unmet treatment needs.
- Youth returning from out-of-home placement, or at risk of out-of home-placement.

## Who is Eligible?

# Participants can be referred through one of the following:

- Hennepin County Children's Mental Health
- Hennepin County Child Protection Services
- Hennepin County Juvenile Corrections
- Ramsey County Juvenile Probation
- Washington County Department of Human Services
- School Social Worker or other involved case manager (confirm eligibility with FamilyWise)

## **Credentialed Facilitators**

FamilyWise has credentialed facilitators who are assigned to work with youth and their families.

### Our credentialed facilitators have:

- Demonstrated Core Wrap Principles
- Reached fidelity through a 96 step curriculum overseen by a credentialed Wrap coach.

## To Refer a Family

Youth Referral Forms are available at FamilyWiseServices.org/Referrals. Please send faxes to 612.617.0193

## **Questions?**

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